



Annual Massachusetts Department of Mental Health's (DMH) Research Centers of Excellence Conference

In This Together...But Not in the Same Boat: How we are supporting youth, young adults, and families facing mental health concerns

Date: May 9, 2022

Time: 12:30 - 4:30 PM EDT

Platform: Zoom webinar: <https://tinyurl.com/DMH-Conf>

Conference Agenda:

12:30-12:35 Welcome

12:35-12:40 *Opening Remarks*, Brooke Doyle, Commissioner of the Massachusetts Department of Mental Health

12:40-1:17 *Collateral Damage During the COVID Pandemic: Behavioral health impact on youth, families, and community care*, Kathy Sanders, MD, MGH COE

1:20-2:00 *Flattening the Curve: What will it take to prevent mental health conditions in youth?*, Daphne Holt, MD, PhD, MGH COE

2:00-2:10 Break

2:10-2:50 *Young adults with serious mental health conditions: Their experiences as children and their own parenting experiences*, Kathryn Sabella, PhD, UMass Chan, iSPARC

2:55-4:10 (Video and Panel Discussion) *Optimizing parent and child resilience when a parent has a mental health concern: What parents and children need*, Moderator: Anne Whitman, PhD, MGH COE

4:10-4:20 Wrap up/synthesis

4:20-4:30 Complete evaluations

ASL interpreter services and CEUs for Psychology, RN, Social Work, and OT available