



Mood Disorders Comprehensive Consultation Clinic

Patients and families trust UMass Memorial Medical Center as the region's leading academic medical center, committed to improving the health of our communities in Central New England. With our partner, the University of Massachusetts Medical School, we are committed to excellence in care, community service, teaching and research. The Medical Center offers advanced technology and support services for patients and families, providing the region with specialists renowned for their expertise in caring for adults and children.

Contributions to UMass Memorial Medical Center are deeply appreciated. Call 508-856-5520 or email giving@umassmed.edu.



UMass Memorial Health Care is the largest not-for-profit health care system in Central New England with more than 13,000 employees and nearly 2,000 physicians, many of whom are members of UMass Memorial Medical Group. Our member hospitals and entities include Clinton Hospital, HealthAlliance Hospital, Marlborough Hospital, UMass Memorial Medical Center, Wing Memorial Hospital and Medical Centers and Community Healthlink, our behavioral health agency. With our teaching and research partner, the University of Massachusetts Medical School, our extensive primary care network and our Cancer, Diabetes, Heart and Vascular, and Musculoskeletal Centers of Excellence we deliver seamless programs of quality and compassionate care for patients across our health care system.

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Mood Disorders Comprehensive Consultation Clinic

UMass Memorial Medical Center

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www.umassmed.edu/psychiatry/mooddisorders.aspx



**UMassMemorial
Medical Center**

A Member of UMass Memorial Health Care

Mood disorders are common and recurrent illnesses of the brain that affect more than 20 million American adults. Mood disorders, which include major depression and bipolar disorder, cause serious changes in mood, thinking, physical well-being and behavior. With proper treatment, most people improve and return to normal, daily activities. However, only one in five individuals receives adequate treatment.

Consultative Services

At the Mood Disorders Comprehensive Consultation Clinic (MDCCC) at UMass Memorial Medical Center, our physicians provide leading-edge psychiatric evaluations that are individually tailored to address questions that arise during treatment. Patients receiving consultations at the MDCCC may be self referred or referred by their health care provider.

Our physicians have specific expertise in the evaluation and treatment of adult patients suffering from:

- Major depressive disorder
- Major depressive disorder with psychotic features (i.e., depression with irrational worries)
- Treatment-resistant, or difficult to treat, depression
- Bipolar disorder

We also have specialized knowledge in the treatment of mood disorders during pregnancy and the postpartum period.

During the consultation, the patient's treatment history, including past medical records, current functioning,

medication use and objective mood rating scales are reviewed. When further testing is needed, the following services may be offered:

- Laboratory services
- Neurodiagnostic services (e.g., neuroimaging)
- Neuropsychiatric consultations for individuals with seizure disorders, brain injuries or neurological illnesses that impact mood symptoms
- Pharmacogenetic services (i.e., testing of DNA from a blood sample to assess an individual's response to various antidepressant medications)
- Polysomnogram (sleep) studies

Treatment recommendations may include medication, psychotherapies, neuromodulation (e.g., electroconvulsive therapy, transcranial magnetic stimulation), or education, rehabilitation and recovery programs.

Call 508-334-2499 to schedule a consultation or speak with our appointment specialist.

Fees and Payment

Given the comprehensive nature of the consultations, payment is required in full at the time of the appointment. The consultation is not covered by medical insurance so your insurance company will not be billed.