



Message From The Chair



Spring is here and summer is around the corner. By now people have gotten out their shovels and trowels and are watching the new blooms in their gardens.

The school has been watching their blossoms as well. We are at graduation time. We will say good-bye to the graduating medical school, graduate school and nursing classes but we will see some of our learners re-join us as residents and post docs.

It is an exciting time of year as we look forward to new trainees and new learning opportunities. Please don't forget that it is not only students, residents and fellows who are learners at UMass Chan. We have departmental, school and system opportunities.

Think about joining the department writing club, zooming in on psychopharmacology journal club or participating in the Junior Faculty Development Program. There are a host of on-line opportunities and if you need some direction, you can touch base with Phoebe Moore, Ph.D., in the CDRO who can help with academic coaching. New faculty also have a mentoring team and I encourage mentees and mentors to reach out to one another.

As we enter the season of rejuvenation, we want to make sure that our minds and spirits are rejuvenated as well.

Happy spring!

Kimberly Yonkers, M.D.
Katz Family Chair
Department of Psychiatry

Education News

PSYCHIATRY RESIDENCY NEWS

These are exciting times in the Psychiatry Residency. We are preparing to send off our graduates and welcome the incoming residents.

At the American Psychiatric Association annual meeting we had great representation by some of our core teaching faculty and residents. Maite Cintron Pastrana, M.D., presented a poster entitled "The Challenges In The Treatment of Psychotic Bipolar Depression" with Anthony Rothschild, M.D.



Taylor Young, M.D., and Xiaoduo Fan, M.D. presented "The Effect of Adjunctive Exenatide Treatment on Hippocampal volume, Psychopathology, and Cognitive Performance in Schizophrenia." Our incoming chief resident, Gina Savella, M.D., presented " Psychiatric Update on Reproductive Mood Disorders" with Kimberly Yonkers, M.D..

The residency group got to spend a day of collaboration and problem-solving during the annual resident retreat. They worked together to solve physical and cognitive challenges and reflect on their roles. Thank you to Geoff Bottone, Linda Gallagher and Takeiya Lynch, M.D., for helping coordinate the event.

The faculty also had a day dedicated to psychiatric education. We discussed what is happening on the national and local level in undergraduate and graduate medical education in psychiatry, as well as in psychology education. We enhanced our knowledge and skills as psychiatrists working with elderly patients and provided feedback to our trainees.

Join us in celebrating our graduates next month. We will hold a virtual award ceremony on Thursday, June 13th at noon, and the graduation ceremony in person at Cyprian Keys at 6:00 pm.

Auralyd Padilla Candalero, M.D.
Training Director
Assistant Professor, Psychiatry



The faculty retreat took place at the Worcester Art Museum on May 23, 2024.

Grants



Congratulations to Ryan Logan, Ph.D. on two new grants. The first is for \$250K with a total budget including indirect funds over \$380k over two years.

"The intended purpose of the grant is to begin to define *temporal dynamics of gene expression at the single cell level in human brain*, " said Dr. Logan.

"In addition, we will examine temporal changes in gene expression in individuals with opioid addiction, using single cell transcriptomics integrated with spatial biology in human brain."

The second grant, entitled **DNA damage and Somatic Mutations Associated With Opioid Use Disorder in The Human Brain** is a new internal grant courtesy of the Riccio Fund for Neuroscience title for that grant is:

To find out more about the Riccio Fund:
[The Riccio Fund for Neuroscience](#)

Visit The Logan
Lab

Awards



UMASS CHAN MEDICAL SCHOOL AWARDS

Congratulations to incoming neuropsychiatry resident, Mina Botros, M.D., on his outstanding recognition at the UMass Chan Medical School awards breakfast and graduation ceremonies this past week.

Mina was awarded:

- The Aaron Lazare Award for Psychiatry
- The Leonard Tow Humanism Award
- The Massachusetts Medical Society Scholars Award for Academic Excellence
- The U.S. Public Health Service Excellence in Public Health Award

We are very proud of Dr. Botros's achievements and look forward to his joining our program in a few weeks.

Pictured are Kimberly Yonkers, M.D., Mina Botros, M.D., and Kara Lindquist Lowen, M.D.

THE 24TH ANNUAL WOMEN'S FACULTY COMMITTEE AWARDS



Congratulations to Melissa Anderson, PhD, for winning the Science & Health Achievement Award today at **UMass Chan Medical School**'s 24th Annual Women's Faculty Committee Awards.

As Co-Director of the DeafYES! Center for Deaf Empowerment and Recovery, Dr. Anderson has led major advances in the evaluation and treatment of deaf individuals.

By partnering with deaf-owned organizations and individuals including **National Deaf Therapy**, the **Deaf YES: Center for Deaf Empowerment and Recovery** is leading the way in research and evidence-based, trauma-informed care for the deaf community and their providers nationwide.

Pictured are Kristina Gracey, M.D, Melissa Anderson, PhD., and Tiffany Cook, M.A.

Find Out More About
DeafYes!

THE BRESCIANI RESEARCH AWARD FOR THE 2023-2024 ACADEMIC YEAR HAS BEEN EXPANDED

The Department of Psychiatry is pleased to announce that the funds from the **Arthur Bresciani Research Award**, made possible through a generous donation to the department by Arthur Bresciani in 1997, will consist of six travel awards each academic year. The awards will be used to support the travel of 6 people (3 dyads) with each person receiving \$2,500 to present at the annual meetings of the American Psychological Association, the American Psychiatric Association, and the **American Academy of Child and Adolescent Psychiatry (AACAP)**. One dyad will consist of a Senior Faculty and a Junior Faculty (Assistant Professor or Instructor) member collaboration, and the other two dyads will contain a faculty member and a trainee collaboration. For mentored groups of 3 or more who wish to collaboratively submit a proposal, an award of \$5,000 will be divided amongst mentors, junior faculty and/or trainees.

Submissions can be either a poster or an oral presentation. The presentation abstract, along with the official acceptance letter, should be sent to Dr. Anthony Rothschild at anthony.rothschild@umassmemorial.org. All accepted submissions will be reviewed by the Selection Committee, and official award notifications will be emailed to the award recipients. Submissions for funding can be made at any time but should be done as soon as the presentation is accepted. The Bresciani award cannot be combined with other travel awards.

The 2024 AACAP Annual Meeting submission site is currently open for research posters.

- Late New Research Poster Deadline: June 6, 2024

The AACAP annual meeting will be held on October 14-19, 2024. [Get More Information.](#)

New Travel Expense System

UMASS CHAN IS TRANSITIONING TO *CONCUR* TO MANAGE BUSINESS AND TRAVEL EXPENSES

Within the Concur Expense module, bank card transactions and out-of-pocket purchases can be submitted with receipts for reimbursement through an expense report. The Concur Request module allows users to submit requests for Pre-Travel Authorization as well as Prior-Approval and Expense Exceptions for items out of policy.

Concur will replace Terra Dotta, PeopleSoft Expense Module submission for out-of-pocket reimbursement and the current bankcard process for submitting documentation via Buyways and allocation of expenses in PeopleSoft.

The new University Travel Policy, **University Travel Policy and associated standards**, requires all University Travel, both domestic and international, be registered in the University Travel Registry. Please note: failing to register your Travel may impact expense reimbursement eligibility. With our new Concur platform and Healix Travel Registry, University travel must be registered *after travel is approved and booked*. Please see the section on **Before Departure** to learn more about how to register your University Travel.

[New University Travel Policy Information](#)

Research

WE ARE STILL LOOKING FOR PATIENTS FOR OUR PSILOCYBIN STUDY

A New Treatment-Resistant Depression Medication

We are currently enrolling participants with treatment-resistant depression (TRD) in a clinical research study utilizing psilocybin to improve depressive symptoms.

Participants must:

- be 18 years of age or older
- have been diagnosed with treatment-resistant depression
- have not adequately responded to at least 2 different antidepressant treatments
- not be pregnant or have plans to become pregnant

The psilocybin dosing takes place over three days, starting with a pre-dosing therapy session, followed by a six-to-eight-hour dosing session with a therapist, and ending with a reintegration session. Each dosing session takes place in a controlled setting.

Subjects will be randomly assigned to receive study drug or placebo, and receive some study-related care at no cost. Compensation for expenses and travel will be provided for qualified participants.

Contact Michelangela Yusif
774-455-4136
IRB # STUDY00000671-AJRothschild

For more information [please visit](#).

Opportunities

Invitation to Become a Psychotherapy Supervisor

UMass and UMass Memorial faculty are formally invited to become a psychotherapy supervisor for psychiatry residents. Your expertise and experience in the field would be invaluable in providing guidance and mentorship to our trainees.



- Leadership of Psychiatrists in their PGY 2-4 years
- Involves a one hour commitment each week
- Role commences July 2024

For more information, reference the email from Psychiatry Communications sent on 03/18/24.

If you have any questions, contact sureyya.iscan@umassmemorial.org, or auralyd.padillacandelario@umassmed.edu

Women's Faculty Committee Invitation

•Open Seats

- ✓ WFC members
- ✓ WFC co-chair

Committee Charge

- ✓ The WFC meets once monthly to identify, plan and organize ways to support our female faculty
- ✓ Initiatives include the biannual day-long Women's Faculty Retreat, social events, promotion workshops, award nominations, and more
- ✓ Open to female-identifying faculty



If interested, or for more information, contact
suzanne.gillies@umassmed.edu

Upcoming Events

JOIN US FOR THE RESIDENCY GRADUATION BANQUET

UMass Chan Medical School
Department of Psychiatry

RESIDENCY GRADUATION BANQUET

Thursday, June 13, 2024



Cyprian Keys Golf Club
284 East Temple Street Boylston,
MA

Cocktails, 6:00 pm (cash bar)
Dinner, 6:30 pm
Ceremony to follow

Graduation Award Ceremony via zoom
6/13/24 at 12:00pm
[zoom link](#)

RSVP by Monday, May 13th
To Linda Gallagher
Linda.gallagher2@umassmed.edu

Please indicate your meal choice with RSVP

Chicken Piccata, Atlantic Salmon, Garlic Spinach Tortellini,
Kids meal upon request (chicken fingers and french fries)

*Dinner complimentary: for graduates plus three guests
for residents, faculty and staff plus one guest*

The Psychopharmacology Journal Club meets on the 4th Wednesday of the month over Zoom from 12pm – 1pm.

The next Journal Club meeting **Wednesday June 26, 2024** - 12:00 to 1:00 pm Eastern Time (US and Canada). The discussant is David Cochran MD – research paper link below. There will be no Journal Club meetings in July and August.

Join from PC, Mac, Linux, iOS or Android: <https://umassmed.zoom.us/j/91950328105?pwd=N0hKR2N4WWIQeENLSThVZnRwMmF1Zz09>. Password: 703626

If you would like more information about the journal club or if you would like something discussed, please reach out to Anthony.Rothschild@umassmemorial.org

GRAND ROUNDS

Grand Rounds occur every Thursday at noon with some exceptions. Please visit the webpage below for upcoming topics.

If you are unable to participate in person, you can watch the videos on the *Grand Rounds Playlist* on our YouTube Channel.

Grand Rounds
Webpage

Helpful Information

PROFESSIONAL HEADSHOTS

The University offers headshots on a few Wednesdays a month in the Medical School Building. The link to sign up is below:

<https://outlook.office365.com/owa/calendar/PhotoSignUps@umassmed.edu/bookings/>

For more information, you can contact Colleen.Locke@umassmed.edu



JOIN THE DEPARTMENT WRITING GROUP

The Psychiatry Department Writing group is a collegial working group, which meets monthly to develop effective writing skills as members progress in their ongoing writing projects. Skills are developed to increase productivity, to implement effective writing strategies, to reach audiences, and to target journals successfully for acceptance. The group provides step-by-step

support as members reach their individual writing goals.

Madelyn Hicks, M.D., FRCPsych and Kimberly Yonkers, M.D. run this group.

Read
More

THE CONVERSATION

Faculty, do you want to increase visibility and have your writing reach 19 million readers a month? Check out [The Conversation](#) online.

Many UMass Chan scholars have been published here and you could be next. Articles published in *The Conversation* reach every newsroom in the US and have been reposted by *The Scientific American*, *PBS News Hour*, and *The Washington Post*. Read more about it on the link above, and be a part of the national conversation with *The Conversation*.

To submit an article for [The Conversation](#), please contact [Sarah Willey](#), Media Relations Manager, 774-284-0186.

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News From The
University

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Worcester, Massachusetts 01655
508-856-8989



Contact Us

UMass Chan/UMMH | Department of Psychiatry, 55 North Lake Ave, Worcester, MA 01655
<https://www.umassmed.edu/psych>

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