

# **HARNESSING THE POWER OF SISTERHOOD**



## **2024 PSYCHIATRY WOMEN'S FACULTY RETREAT**

*New England Botanic Garden  
at Tower Hill  
11 French Dr  
Boylston, MA 01505*



**CONFERENCE ROOM A/B  
Tuesday, April 2<sup>th</sup>, 2024  
9:00 AM – 3:00 PM**

*An opportunity to be inspired and  
spend time with colleagues!*



## Program Schedule



9:00 to 9:15 am: Coffee & Pastries

9:15 to 9:30 am: **Opening Remarks**

*Kimberly Yonkers, MD, Chair of Psychiatry*

9:30 to 10:30 am: **The Whole is Greater Than The  
Sum of its Parts**

*Tia Lessin*

10:30-10:45 Break

10:45 to 11:45 am: **Leveraging Synergy Through  
Partnership**

*Drs. Nancy Byatt and Tiffany Moore Simas*

11:45 am to 12:00 pm: Break

12:00 to 1:00 pm: Lunch by Struck Catering

1:00 pm to 1:45 pm: **Boxes, Choices, Balance;  
Themes from a Career**

*Maryann Davis, PhD*

1:45 to 2:00 pm: Break & Snacks

2:00 to 3:00 pm: **Mentoring Workshop**

*Phoebe Moore, PhD*

3:00 to 3:15 pm: Wrap Up & Door Prizes

3:00-5:00 pm: Optional walk around the grounds

## Keynote Speaker



### **Tia Lessin “The Whole Is Greater Than The Sum of its Parts”**

Academy Award-nominated filmmaker

**Tia Lessin** has been making documentaries for 25 years. Together with Emma Pildes, she earned three Emmy Awards for her work on HBO’s “The Janes” (Outstanding Direction, Best Documentary, and Outstanding

Social Issue Documentary). The film was also recognized with the duPont-Columbia Award and four Critics Choice nominations. Tia directed and produced two feature-length films together with Carl Deal: the Oscar-nominated Hurricane Katrina survival story “Trouble the Water,” winner of the Sundance Grand Jury Prize and the Gotham Independent Film Award and “Citizen Koch,” the Oscar short-listed film about the rise of the Tea Party in the Midwest and the racist backlash against the Obama presidency. Her short film “Behind the Labels” about labor trafficking of garment workers, was recognized with the Sidney Hillman Award for Broadcast Journalism.

A longtime collaborator of Michael Moore, Tia produced Palme D’Or-winning “Fahrenheit 9/11,” Academy Award-winning “Bowling for Columbine,” “Where to Invade Next,” and “Fahrenheit 11/9.” She line-produced Martin Scorsese’s Grammy-winning “No Direction Home: Bob Dylan.” Tia’s producing work on the television series “The Awful Truth” earned her two Emmy nominations, one arrest, and a lifetime ban from Disneyland.

Tia is a past fellow of the Open Society Institute and the Sundance Institute and has served as an advisor to Sundance, Creative Capital and Independent Feature Project artists. She is a member of the Academy of Motion Picture Arts & Sciences and the Directors Guild of America. Born and raised in Washington, D.C, Tia’s mother and grandparents were Jewish refugees who fled Poland during World War II and found sanctuary in Trinidad and later in the U.S. Their experiences have informed the questions about survival and resistance that have guided Tia’s filmmaking.

## Speakers & Instructors



**Dr. Nancy Byatt** is a perinatal psychiatrist and physician-scientist focused on improving systems of care to promote the mental health of parents and children. Her passion for her work is deeply rooted in her experiences as a clinician, researcher, daughter, and mother. She is a Professor with Tenure of Psychiatry, Ob/Gyn, and Population and Quantitative Health

Sciences at UMass Chan Medical School. She developed the Massachusetts Child Psychiatry Access Program (MCPAP) for Moms. [MCPAP for Moms](#) is a statewide program that has 1) increased access to mental health care for thousands of perinatal individuals 2) become a national model for perinatal mental health care, and 3) impacted state and national policies and funding. She is the Founding Executive Director of the [Lifeline for Families Center](#) and [Lifeline for Moms](#) Program at UMass Chan Medical School. The Center's activities include capacity building, consultation, and research. Dr. Byatt's research uses implementation science methods to design, implement, and evaluate scalable approaches for improving parental and child mental health services and outcomes. With over ten years of continuous federal funding for her research, Dr. Byatt's achievements have led to over 90 peer-reviewed publications and book chapters, over 250 presentations, and numerous national awards. Her love is her family, especially her two teenage boys. Her passion is increasing access to and the quality of mental health care. Her mission is to redefine perinatal and family health care to include mental health care.



**Tiffany A. Moore Simas, MD, MPH,  
MEd, FACOG**

Dr. Moore Simas is the *Donna M. and Robert J. Manning Chair of the Department of Obstetrics & Gynecology*, and Professor of Ob/Gyn, Pediatrics, Psychiatry and Population & Quantitative Health Sciences at UMass Chan Medical School/UMass Memorial Health.

Dr. Moore Simas is an academic specialist in general Ob/Gyn, physician-scientist, educator, advocate, and leader. She is the founding Obstetric Engagement Liaison of the Massachusetts Child Psychiatry Access Program (MCPAP) for Moms, a first in nation state-wide program that enhances the capacity of obstetric care clinicians to address perinatal mental health and substance use disorders. MCPAP for Moms has impacted national policy and is the model on which other programs have been developed. There currently exists 31 Perinatal Psychiatry Access Programs – 29 state or regional, and 2 national programs.

Dr. Moore Simas is obstetric director of Lifeline for Moms, a program founded to provide technical assistance for others developing Perinatal Psychiatry Access Programs, like MCPAP for Moms, and as a research home to further advance innovations in integrating obstetric and mental health care, and promoting perinatal mental health equity. She is MPI of the Lifeline for Moms National Network of Access Programs, in which all 31 Access Program participate. The National Network was designed to facilitate peer-learning and sharing of resources with partners and collaborators, across the U.S., and to facilitate quality improvement and program evaluation within and across Access Programs. The Lifeline for Moms team and their collaborators have developed perinatal mental health toolkits, e-modules, and implementation guides that are now available to all obstetric care clinicians across the nation, through the American College of Ob/Gyn's (ACOG).

Dr. Moore Simas has a long-standing federally funded research portfolio through CDC, NIH, PCORI, ACOG, Perigee and other foundations, and is an author on over 150 peer-reviewed publications. She partners with and advises professional, advocacy, and governmental organizations to advance the

equitable care of all pregnant and postpartum individuals. She serves her profession nationally as the Society of Academic Specialists in General Ob/Gyn's (SASGOG) President Elect, on ACOG's Maternal Mental Health Expert Work Group (Co-Chair) and Clinical Practice Guidelines OB Committee, and as an American Board of Ob/Gyn (ABOG) oral examiner. She has served on the Alliance in Innovation in Maternal Health's (AIM) Perinatal Mental Health Conditions (PMHC) and Postpartum Discharge Transitions (PPDT) Safety Bundle Work Groups, developed the PMHC Change Package with the Institute of Healthcare Innovations (IHI) as lead faculty, and will be leading her state's perinatal quality collaborative (PQC) in implementing the AIM PMHC bundle.

Dr. Moore Simas is passionate about mentoring and developing the next generation of women leaders in academic medicine, as such, she developed UMass' Empowering Mid-career Professional Women for Executive Roles (EMPOWER) course which is in its 5<sup>th</sup> offering at UMass Chan/UMass Memorial Health.



**Maryann Davis, Ph.D.**, is Professor Emeritus of Psychiatry (Psychology), former Director of the Implementation Science and Practice Advances Research Center, and former Director of the Transitions to Adulthood Center for Research, in the Department of Psychiatry at UMass Chan Medical School. She is a

research psychologist with a distinguished career studying transition-age youth and young adults with serious mental health conditions and co-occurring substance use disorders. Her wide-ranging research on this population addresses three areas: (1) developing and testing individualized and developmentally tailored interventions, including for those involved with justice systems, (2) completing schooling and launching adult work lives, and (3) identifying and addressing systems barriers to good treatment, supports, and services for them. Her research emphasizes the involvement of youth and young adults with serious mental health conditions as partners in the design, conduct, and dissemination of this research. Dr. Davis has

published extensively and received substantial U.S. Federal grant funding on these topics and has served on numerous federal, national and state committees related to this work.



**Phoebe Moore, PhD** is an

Associate Professor of Psychiatry and Pediatrics at the UMASS Chan Medical School, Dr. Phoebe Moore is a licensed clinical psychologist with a specialty in cognitive-behavioral and exposure-based approaches to treating OCD and anxiety disorders. Dr. Moore received her doctorate from the University of California,

Los Angeles, and completed her post-doctoral training at Stanford University. She spent several years as junior faculty at Duke University and joined the UMASS Chan Medical School faculty in 2011.

In her current leadership positions at UMASS, Dr. Moore supports psychologists at UMASS and directs the Career Development and Research Office, which offers coaching in leadership and professional development as well as promotions support for all UMASS Psychiatry faculty.

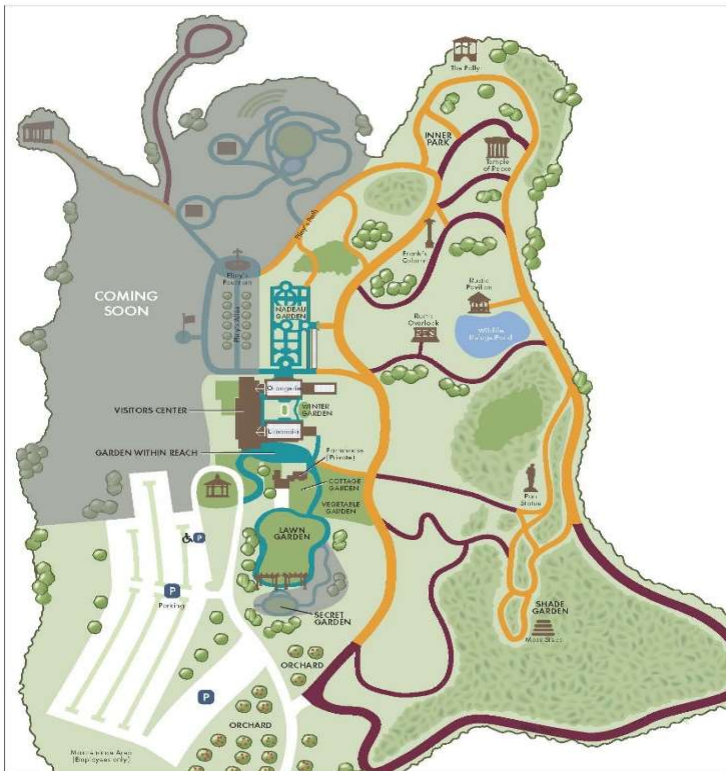
Dr. Moore is deeply committed to building interpersonal connections, supporting individual growth and development, and enhancing interpersonal skills to increase empathy, connectedness, and sense of meaning and community.

<https://www.umassmed.edu/psychiatry/cdro/>





### TOWER HILL BOTANIC GARDEN GARDEN MAP



#### ACCESSIBILITY

Many paths are accessible. Please see the key on the right indicating difficulty levels. Wheelchairs are available at the Visitors Center.

#### TRAIL DIFFICULTY

- Easy
- Medium
- Difficult