PASSWORD CONTROLS

When creating your new UMass Medical School password, remember that you will be required to adhere to the University's standards for strong passwords.

Passwords must be 8-14 characters long and contain three of the four of the following character types:

- ✓ Lower case characters
- ✓ Upper case characters
- ✓ Special characters
- ✓ Numbers

Your password cannot contain part of your name or be any of the previous 10 passwords.

Passwords should never be shared with another user.

Create a password that is easy to remember but hard to guess. Try using passphrases as opposed to words. For example: "ILove@pplePie!" contains all necessary character elements. You'll find passphrases much easier to remember!

(Do not use this example – now that it's posted on the Internet, you can bet thieves will try to use it to access a UMassMed account!)

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