



DRIVING WITH DIABETES

Properly managing diabetes while driving is important to keep you and other drivers safe.

ALWAYS

- ✓ Check blood sugar before driving, either by fingerstick or with your continuous glucose monitor (CGM).
- ✓ Keep treatments for low blood sugar accessible in your vehicle.
- ✓ Wear a medical ID in case of an emergency while driving.
- ✓ Wear your seat belt.

NEVER

- ✗ Drive if you're experiencing symptoms of low blood sugar.
- ✗ Drive before blood sugar returns to within normal range after a low.
- ✗ Text and drive.

DIABETES CENTER OF EXCELLENCE

AMBULATORY CARE CENTER (ACC), SECOND FLOOR
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NEW PATIENTS: **855-UMASS-MD** (855-862-7763)

EXISTING PATIENTS: **508-334-3206**



Diabetes Center of Excellence

WWW.UMMHEALTH.ORG/DIABETES