

Meatotomy

Post-op Instructions

Appearance

- Your son might have a small amount of bleeding at his surgical site. It can be normal to see a few drops of blood in the diaper or underwear.
- If the penis is actively bleeding, you will need to apply pressure to the area (squeeze gently). Apply pressure to the area for five minutes without removing your hand to check the penis. Usually five minutes is enough to control the bleeding but if this does not work, apply pressure for 10 minutes more and call the hospital number listed below.
- You may also see some blood in your child's urine for the first day after surgery.

Wound Care

- No dressing is needed after a meatotomy.
- Your son will have stitches in place that will dissolve on their own over time
- You will need to apply ointment directly to the urethral meatus (opening of the penis) _____ times a day for _____ days/weeks. This will prevent the skin from sticking together as it heals.
- If you run out of ointment or cannot get your child to cooperate please apply Vaseline or Bacitracin to the ureteral opening _____ times a day. The ointment will not block the flow of urine.

Activity/Bathing

- Your child may take a bath or shower as usual the next day after surgery.
- Your child can return to school or daycare _____ days after surgery as long as he is feeling up to it.

Pain Management

- While the penis is healing your child may complain of burning with urination or his urinary stream might be more of a spray than a straight stream. This can be from the stitches and swelling which will improve over time.
- If your son is afraid to urinate after surgery, place him in a lukewarm tub without soap and encourage him to urinate in the tub. (Stay with your son at all times when he is in the tub?)
- You can give your son Acetaminophen (Tylenol) as prescribed by the doctor or nurse practitioner.

Nutrition/Bowel Movements

- Your child should have regular bowel movements but may experience some constipation after surgery.
- Give fruits, vegetables, & juices after surgery to prevent straining.
- If your child does not have a bowel movement within 24 hours after surgery, you may give a pediatric glycerin suppository as directed on the label.
- You child can return to his regular diet after surgery.

Call the Hospital if your Child Experiences any of the Following:

- Bleeding at the site that does not stop after applying 10 minutes of pressure
- Fever of 101° F or higher that is not related to a cold or virus.
- Upset stomach or vomiting after the first day home.
- Has pain that is not relieved by medication.
- Is unable to urinate.

Phone Number

Department of Urology – 508-334-8765

Find this handout and more at:

<https://www.umassmed.edu/urology/patient-education/pediatric-patient-education/>