

## Circumcision - Infant

### Post-op Instructions

#### Appearance

- After the circumcision, your child's penis may be red, swollen, and bruised for several days. As your child begins to heal, the skin may change colors and consistency.
- Your child might have a small amount of bleeding at his surgical site. It can be normal to see a few drops of blood in the diaper.
- If the penis is actively bleeding, you will need to apply pressure to the area (squeeze gently). Apply pressure to the area for 5 minutes without removing your hand to check the penis. Usually five minutes is enough to control the bleeding but if this does not work, apply pressure for 10 minutes more and call the hospital number listed below.

#### Dressing/Wound Care

- Your son may have a dressing over his penis. The dressing should be removed in \_\_\_\_\_ days. You can remove the dressing by soaking in a warm bath. If the dressing falls off before \_\_\_\_\_ days, you do not need to replace it.
- After the dressing is off apply Bacitracin three times a day for 7 days and then apply Vaseline three times daily.
- Press gently on the base of your child's penis to fully expose the penis during diaper changes (this will help prevent adhesions).
- Your son may have stitches- these will dissolve on their own over time.

#### Activity/Bathing

- Your child may not use straddle toys (swings, walkers) for \_\_\_\_\_ full weeks after surgery.
- Do not hold your child on your hip for \_\_\_\_\_ weeks.
- You should continue to use your child's car seat.
- Your child can return to day care when they are no longer having pain.
- Give your child a sponge bath for the first \_\_\_\_\_ days after the procedure.
- Your child may use the tub after \_\_\_\_\_ days. Use warm water but do not use soap directly on the penis for the first \_\_\_\_\_ days.

## Pain Management

- Children recovering from a circumcision may have some soreness.
- Give the medication prescribed on a regular schedule for the first 24 hours.
- Keep diapers loose and change them often.

## Nutrition/Bowel Movements

- Your son should have regular bowel movements but may experience some constipation after surgery.
- Give fruits, vegetables, & juices after surgery to prevent straining.
- If your son does not have a bowel movement within 24 hours after surgery, you may give him a pediatric glycerin suppository as directed on the label.
- Your child can return his regular diet after surgery.

## Call the Hospital if Your Child Experiences any of the Following:

- Bleeding from the incision or around the stitches.
- Fever of 101° F or higher that is not related to a cold or virus.
- Upset stomach or vomiting after the first day home.
- Has pain that is not relieved by medication.
- Seems to be straining or unable to urinate.

## Phone Number

Department of Urology – 508-334-8765

## Find this handout and more at:

<https://www.umassmed.edu/urology/patient-education/pediatric-patient-education/>