

Circumcision - Child

Post-op Instructions

Appearance

- After the circumcision, your child's penis may be red, swollen, and bruised for several days.
- Your child might have a small amount of bleeding at his surgical site. It can be normal to see a few drops of blood in the diaper.
- If the penis is actively bleeding, you will need to apply pressure to the area (squeeze gently). Apply pressure to the area for 5 minutes without removing your hand to check the penis. Usually five minutes is enough to control the bleeding but if this does not work, apply pressure for 10 minutes more and call the hospital number listed below.

Dressing/Wound Care

- Your son may have a dressing over his penis. The dressing should be removed in _____ days. You can remove the dressing by soaking in a warm bath. If the dressing falls off before _____ days, you do not need to replace it.
- After the dressing is off apply Bacitracin three times a day for 7 days and then apply Vaseline three times daily.
- Press gently on the base of your child's penis to fully expose the penis during diaper changes (this will help prevent adhesions).
- Your son may have stitches- these will dissolve on their own over time.

Activity/Bathing

- Your child may not use straddle toys (bikes, swings, walkers) for _____ full weeks after surgery.
- Do not hold your child on your hip for _____ weeks.
- You should continue to use your child's car seat.
- Your child may not use a bike and should not participate in vigorous sports or gym for _____ weeks.
- Your child can return to school or daycare when he is no longer having pain.
- Give your child a sponge bath for the first _____ days after the procedure. Your child may shower in _____ days.
- Your child may use the tub after _____ days. Use warm water but do not use soap directly on the penis for the first _____ days.

Pain Management

- Children recovering from a circumcision may have some soreness.
- Give the medication prescribed on a regular schedule for the first 24 hours.
- Quiet activities like movies, TV, music or stroller walks are encouraged.

Nutrition/Bowel Movements

- You child can return slowly his regular diet after surgery.
 - When you get home after surgery give foods to help prevent stomach upset- apple juice, popsicles, ginger ale, Jell-O, soup & crackers, or toast.
- Your son might vomit from the anesthesia on the day of surgery, but this should stop by the morning after surgery. Call the office if vomiting persists.
- Your son should have regular bowel movements but may experience some constipation after surgery.
- Give fruits, vegetables, & juices after surgery to prevent straining.
- If your son does not have a bowel movement within 24 hours after surgery, you may give him a pediatric glycerin suppository as directed on the label.

Call the Hospital if Your Child Experiences any of the Following:

- Bleeding from the incision or around the stitches.
- Fever of 101° F or higher that is not related to a cold or virus.
- Upset stomach or vomiting after the first day home.
- Has pain that is not relieved by medication.
- Seems to be straining or unable to urinate.

Phone Number

Department of Urology – 508-334-8765

Find this handout and more at:

<https://www.umassmed.edu/urology/patient-education/pediatric-patient-education/>