

What makes a good mentor/mentee? ~~Why be a mentor?~~

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Qualities of a Good Mentor

- A patient listener and eagle-eyed
- Inspires trust
- Gives advice without dictating actions
- Encourages independence yet offers support
- Offers constructive criticism as well as compliments
- Open and honest
- A good role model through actions and words
- Willing to spend time, reach out, and share
- An effective intermediary

Qualities of a Good Mentee

- Asks questions
- Willing to be mentored
- Strives to give his/her best at all times
- Accepts criticism graciously
- Learns from mistakes
- Has courage to try new things
- Accepts responsibilities
- Open and honest
- Respectful and grateful
- Listens, watches, learns, grows

Why Be a Good Mentor?

- Satisfaction in knowing you had an impact on someone's professional and personal development
- Develop leadership skills and build confidence
- A link with “the younger generation”
- Get a fresh perspective from your mentee
- Recruit students and increase productivity
- Help develop your professional network
- Receive recognition from peers and superiors

Why Be a Good Mentee?

- Have an ally to help you through many hurdles
- Benefit from another persons experiences
- Opens networks that would otherwise be closed
- Life-long help with career advancement
- Practice for being a good mentor

Sign of a Good Mentor - Good Mentee Pair

*“A mentor is like a tattoo, it stays with
you forever.”*

From: *Mentoring: Turning Pebbles into Diamonds* by
P.A. Vesilind as reported in Michigan State University
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